



How to Take a Shade

3D-Master Shade Guide

When taking a patient's shade, the dentist has **three simple steps** to follow:

1. Determine the value (lightness) by selecting the closest match from one of five value groups.
2. Determine the Chroma within the value group from three choices.
3. Choose the hue by determining if the tooth has a more yellow or red cast



4. Determine the lightness level (value)
5. Hold shade guide to patient's mouth at arms length
6. Start with darkest group moving right to left
7. Select Value group 1, 2, 3, 4, or 5



Determining lightness level:

8. Remove all tabs except the middle "M" tabs
9. Select **Value** group (Pictured with bleach '0' tabs)

STEP 2



10. Select the chroma
11. From your selected Value group, remove the middle tab (M) and spread the samples out like a fan
12. Select one of the three shade samples to determine Chroma

STEP 3



13. Determine the hue
14. Check whether the natural tooth is more yellowish or more reddish than the shade sample selected.

FINAL SHADE

